



IIP: World Journal of Humanities and Social Sciences



International online open-access, Double blind peer reviewed / Refereed Journal

Impact Factor: IIFS: 5.75

ISSN: 3107-6661

CERTIFICATE OF PUBLICATION

This is to certify that the paper titled **“Exploring the Digital Influence of Yoga, Balanced living and Mental well being of women suffering from Polycystic Ovarian syndrome (PCOS) and Thyroid issues”** authored by **“Dr Amrapali Jogdand”** has been published in **Vol. 2 Issue I (2026) ISSN: 3107-6661 (Online)** in ‘IIP: World Journal of Humanities and Social Sciences’ is an online open access double blind peer reviewed / refereed international journal with impact factor 5.75.

IIPWJHSS-2026-I-0022



Website: www.iipublications.com//iipwjhss

Copyright © 2026

Dr. S. S. Maske
Editor-in-chief